

Weekly Schedule
January 10th - January 14th

Time Slots	Monday 01/10/22	Tuesday 01/11/22	Wednesday 01/12/22	Thursday 01/13/22	Friday 01/14/22
9:00-9:40 AM	FITNESS: GLUTES OR SPELLING BEE Choose a category and spell it out!	CRITICS CORNER: FAVORITE GAME SHOW Have a debate with friends on which game show is the best! OR LITERACY PRACTICE: READING COMPREHENSION Story "Landforms"	MINDFULNESS & STRETCHING Guided breathing and stretching OR CROSSWORDS Cross your way up and down	SPELLING BEE Choose a category and spell it out! OR MATH PRACTICE: MULTIPLICATION Learn how to easily multiply your numbers	MINDFULNESS & STRETCHING Guided Breathing and Stretching OR CRITICS CORNER: FAVOURITE MOVIE Share your favourite movies
10:00-10:40 AM	FITNESS: ZUMBA Participant choice in songs OR MATH PRACTICE: TELLING TIME if you need a hand, we can help you with your question!	FITNESS: CARDIO OR CARTOON DRAWING: SPONGEBOB SQUAREPANTS Calling all artists! Bring your crayons, pencil crayons, markers, or paints!	FITNESS: ZUMBA Caribbean style OR FILL IN THE BLANK STORY: ROADS	FITNESS: ARMS Strengthen your arms with simple exercises OR CHEF'S CORNER: GRILLED CHEESE Relax, just take it cheesy (INGREDIENTS: 2 slices of bread, cheese, butter)	FITNESS: ZUMBA Hip Hop Dancing OR CARTOON DRAWING: SPIDERMAN Calling all artists! Bring your crayons, pencil crayons, markers, or paints!
11:00-11:40 AM	EARTH SCIENCE: TORNADOS OR ART EXPRESSION: EMOJIS Learn to draw and express yourself with your favourite emoji!	FOOD SCIENCE: SNICKERS "You're not you when you're hungry" OR MATH PRACTICE: SUBTRACTION Learn to take away numbers to solve simple math problems	TRAVEL THE WORLD: MONGOLIA Grab your passports, we're exploring the culture, food, and landmarks of Mongolia! OR FOOD SCIENCE: KENTUCKY FRIED CHICKEN "It's finger lickin'good!"	ANIMALS: ORCA WHALES Have a Whale of a time learning about Orcas OR TRAVEL THE WORLD: SOUTH KOREA Grab your passports and we're exploring the culture, food and landmarks of South Korea!	CHEF'S CORNER: PIGS IN A BLANKET (Mini Hot Dogs, American cheese, 1 package refrigerated biscuit dough) OR RIDDLES CORNER: WINTER Crack the ice on these winter riddles
12:00-12:40 PM	CHEF'S CORNER: BLT SANDWICHES (ingredients: choice of bread, lettuce, tomato, bacon, mayo)	LIFE SKILLS: RECIPES Learn how to read and follow recipes to spice up your cooking skills OR LUNCH N' CHAT Enjoy your lunch in the company of good friends	SPORTS: BADMINTON OR LUNCH N'CHAT Enjoy your lunch in the company of good friends	FOOD SCIENCE: APPLE JUICE Learn all about how apple juice is made OR LUNCH N'CHAT Enjoy your lunch in the company of good friends	CRITICS CORNER: FAVORITE TV SHOW OR LUNCH N'CHAT Enjoy your lunch in the company of good friends
1:00-1:40 PM	LITERACY PRACTICE: STORY BOOK OR EARTH SCIENCE: MOUNTAINS Climb your highest peak!	SPELLING BEE Choose a category and spell it out OR ANIMALS: MONKEYS Learn all about these silly animals	KARAOKE: LET'S SING! Participant's Choice OR DISNEY TRIVIA Let's play a magical game of trivia	SCIENCE INVENTION: TELEPHONE How the telephone was invented OR SPORTS: SOCCER	SPORTS: BOWLING Strike out! Learn about bowling OR SCIENCE: MOON
2:00-2:40 PM	LIFE SKILLS: Shop your way online Shop 'til you drop! (Responsibly) OR KAHOOT: SIMPSONS	CHEF'S CORNER: NUTELLA MUG CAKE (Ingredients: milk, flour, baking powder, nutella) OR SPORTS: BASKETBALL Learn how to get that 3-pointer!	ALL ABOUT WINTER Snow much Fun! OR PET THERAPY Calling all pet lovers!	ONLINE GAMES: WHEEL OF FORTUNE OR RIDDLES: WEATHER	KARAOKE: LET'S SING! Participant's Choice OR KAHOOT: TV TRIVIA How well do you know your tv shows?? Let's test your knowledge
3:00-3:40 PM	ONLINE GAMES: WOULD YOU RATHER OR DROP IN & HANGOUT Chat with your friends!	ONLINE GAMES: DEAL OR NO DEAL Test your luck to win the game! OR DROP IN & HANGOUT Chat with your friends	ONLINE GAMES: JEOPARDY Challenge your friends in a friendly online game OR DROP IN & HANGOUT Chat with your friends	GUESS THE ANIMAL OR DROP IN & HANGOUT Chat with your friends	ONLINE GAMES: PARTICIPANT CHOICE OR DROP IN & HANGOUT Chat with your friends