

**Weekly Schedule**  
January 24<sup>th</sup> - January 28<sup>th</sup>

Time Slots	Monday 01/24/22	Tuesday 01/25/22	Wednesday 01/26/22	Thursday 01/27/22	Friday 01/28/22
9:00-9:40 AM	<b>SPELLING BEE</b> Choose a category and spell it out! <b>OR</b> <b>CHEF'S CORNER: SCRAMBLED EGGS &amp; TOAST</b> Let's make this egg-cellent breakfast! (Ingredients: eggs, butter, toast bread, salt & pepper)	<b>MINDFULNESS &amp; STRETCHING</b> Guided breathing and stretching <b>OR</b> <b>MATH PRACTICE: SUBTRACTION</b> Learn to take away numbers to solve simple math problems	<b>SPELLING BEE</b> Choose a category and spell it out!	<b>MINDFULNESS &amp; STRETCHING</b> Guided breathing and stretching <b>OR</b> <b>ART EXPRESSION: WINTER LANDSCAPE</b> Calling all artists! Bring your crayons, pencil crayons, markers, or paints!	<b>MINDFULNESS &amp; STRETCHING</b> Guided breathing and stretching <b>OR</b> <b>CRITICS CORNER: WINTER SPORTS</b> It's a winterful life
10:00-10:40 AM	<b>FITNESS: CORE</b> Strengthen your core with simple exercises <b>OR</b> <b>FILL IN THE BLANK: PIZZA</b>	<b>FITNESS: LOWER BODY</b> Guided lower body strength exercises <b>OR</b> <b>SPELLING BEE</b> Choose a category and spell it out!	<b>FITNESS: ZUMBA</b> Pop Music	<b>FITNESS: ARMS</b> Strengthen your arms with simple exercises <b>OR</b> <b>LITERACY PRACTICE: READING COMPREHENSION</b> "The Solver"	<b>FITNESS: ZUMBA</b> Participant song choice <b>OR</b> <b>LIFE SKILLS: KITCHEN SAFETY</b> Learn tips and tricks for being safe in the kitchen!
11:00-11:40 AM	<b>TRAVEL THE WORLD: MANITOBA</b> Exploring food, culture and landmarks! <b>OR</b> <b>ESCAPE GAME: A TRIP TO THE MALL</b> Do you think you can escape the mall??	<b>CRITICS CORNER: FAVORITE SINGER</b> Grab the mic! Share your favorite singer with your friends <b>OR</b> <b>CARTOON DRAWING: PARTICIPANT CHOICE</b> Calling all artists! Bring your crayons, pencil crayons, markers, or paints	<b>SCIENCE HUMAN BODY: THE BRAIN</b> Learn about the function of the brain	<b>WHEEL OF FORTUNE</b> Spin that wheel!! <b>OR</b> <b>ANIMALS: ELEPHANT</b> Learn all about this ele-phantastic animal!	<b>CHEF'S CORNER: BIRTHDAY MUG CAKE</b> (ingredients: Flour, sugar, vanilla extract, sprinkles, milk, vegetable oil, baking powder. OPTIONAL: whip cream/ icing) <b>OR</b> <b>ANIMALS:SLOTH</b> Let's HANG and learn about sloths!
12:00-12:40 PM	<b>RIDDLES CORNER: WINTER</b> Brrr..Use the clues to solve the riddle!	<b>FOOD SCIENCE: ICE CREAM</b> I scream, you scream, we all scream for ice cream <b>OR</b> <b>LUNCH N'CHAT</b> Enjoy your lunch in the company of good friends		<b>CHEFS CORNER: VANILLA MILKSHAKES</b> (Ingredients: Vanilla ice cream, whipped cream, sprinkles/cherry) <b>OR</b> <b>LUNCH N'CHAT</b> Enjoy your lunch in the company of good friends	<b>FOOD SCIENCE: CHICKEN NUGGETS</b> Learn how McDonald's chicken nuggets are made ...I'm lovin' it! <b>OR</b> <b>LUNCH N'CHAT</b> Enjoy your lunch in the company of good friends
1:00-1:40 PM	<b>MATH PRACTICE: COUNTING MONEY</b> Let's practice counting coins! <b>OR</b> <b>SCIENCE INVENTION: ELECTRICITY</b> Say WATT! Learn about the invention of electricity.	<b>TRAVEL THE WORLD: MAURITIUS</b> Exploring food, culture and landmarks! <b>OR</b> <b>FOOD SCIENCE: DOUGHNUTS</b> Donut worry about a thing! We're going to learn all about it!	<b>KARAOKE: LET'S SING</b> Participant choice of songs <b>OR</b> <b>MATH PRACTICE: ADDITION</b> Learn to add numbers to solve simple math problems	<b>TRAVEL THE WORLD: MALDIVES</b> Exploring food, culture and landmarks <b>OR</b> <b>FOOD SCIENCE: COTTON CANDY</b> Learn all about how this sweet treat is made!	<b>END OF THE MONTH PARTY!</b> It's par-tea time! <b>All Staff</b>
2:00-2:40 PM	<b>FOOD SCIENCE: PEANUT BUTTER</b> Spread the joy! <b>OR</b> <b>DRAMA: ACT IT OUT</b> Lights, Camera, Action...	<b>ONLINE GAMES: DEAL OR NO DEAL</b> Win BIG in this friendly fun game! <b>OR</b> <b>KAHOOT: FULL HOUSE</b> How well do you know Full House?? Let's test your knowledge!	<b>SPORTS: GOLF</b> Let's get into the swing of things & learn about golf <b>OR</b> <b>SCIENCE INVENTIONS: TV'S</b> How the famous Television was invented	<b>PARTICIPANT MEETING</b> Updates, give feedback and share your ideas! <b>ALL STAFF</b>	<b>Karaoke: LET'S SING!</b> Participant choice of songs <b>OR</b> <b>SPORTS: TENNIS</b> Let's have a ball learning about tennis!
3:00-3:40 PM	<b>ONLINE GAMES: 5 SECOND RULE</b> Time to do some quick thinking! <b>OR</b> <b>DROP IN &amp; HANGOUT</b> Chat with your friends!	<b>EARTH SCIENCE: VOLCANOES</b> You're going to LAVA learning about volcanoes! <b>OR</b> <b>DROP IN &amp; HANGOUT</b> Chat with your friends!	<b>ONLINE GAMES: PARTICIPANT CHOICE</b> Challenge your friends in a friendly online game <b>OR</b> <b>DROP IN &amp; HANGOUT</b> Chat with your friends!	<b>ONLINE GAMES: JEOPARDY</b> Pick your category and let's play JEOPARDY! <b>OR</b> <b>DROP IN &amp; HANGOUT</b> Chat with your friends!	<b>ONLINE GAMES: PARTICIPANT CHOICE</b> Challenge your friends in a friendly online game <b>OR</b> <b>DROP IN &amp; HANGOUT</b> Chat with your friends!