

Weekly Schedule
January 31st - February 4th

Time Slots	Monday 01/31/22	Tuesday 02/01/22	Wednesday 02/02/22	Thursday 02/03/22	Friday 02/04/22
9:00-9:40 AM	CRITICS CORNER: NEW MONTH GOAL SETTING Plan, discuss and share your goals for the new month! OR MATH PRACTICE: SHAPES Stay in shape!	MINDFULNESS & STRETCHING Guided breathing and stretching OR MATH PRACTICE: SKIP COUNTING One. Two skip a few. Let's learn all about skip counting	MINDFULNESS & STRETCHING Guided breathing and stretching OR CARTOON DRAWING: VENOM Calling all artists! Bring your crayons, pencil crayons, markers, or paints!	MINDFULNESS & STRETCHING Guided breathing and stretching OR SPELLING BEE Choose a category and spell it out!	CRITICS CORNER: FAVOURITE ACTOR Share all about who you love to see on the big screen with your friends! OR PLANETS: JUPITER Let's learn all about the planet Jupiter
10:00-10:40 AM	FITNESS: ARMS Strengthen your arms with simple exercises OR READING COMPREHENSION Reading different short stories	FITNESS: CARDIO Get your body moving in this cardio workout! OR SPELLING BEE Choose a category and spell it out!	FITNESS: ZUMBA Choose your favorite songs to dance to! OR LITERACY PRACTICE: NOUNS Learn how to use and add nouns in sentences	FITNESS: LEGS Guided lower body strength exercises OR CHEF'S CORNER: FRENCH TOAST You're going to TOASTally love this simple recipe! (Ingredients: toast bread, egg, milk, cinnamon, vanilla extract)	FITNESS: ZUMBA Participant song choice OR RIDDLES CORNER: TRANSPORTATION Guess the mode of transportation to solve the riddle!
11:00-11:40 AM	CARTOON DRAWING: BUGS BUNNY Calling all artists! Bring your crayons, pencil crayons, markers, or paints! OR FOOD SCIENCE: FRENCH FRIES Time fries when we're learning about it	CHEF'S CORNER: MAC N' CHEESE IN A MUG This simple and delicious recipe will MAC you smile! (ingredients: pasta, milk, shredded cheese, water, salt & pepper, a MUG) OR ART EXPRESSION: POLAR BEARS Calling all artists! Bring your crayons, pencil crayons, markers, or paints!	TRAVEL THE WORLD: DENMARK Visit Denmark with your friends! OR EMOTIONAL LEARNING: GRATITUDE Feeling GRATEful!	KAHOOT: GUESS THE MISSING LYRICS How well do you know your favorite songs?? OR MATH PRACTICE: TELLING TIME It's TIME we practice how to read a clock!	BUGS & INSECTS: PRAYING MANTIS Learning all about these bugs OR CARTOON DRAWING: SQUIRTLE FROM POKEMON Calling all artists! Bring your crayons, pencil crayons, markers, or paints!
12:00-12:40 PM	LUNCH N'CHAT Enjoy your lunch in the company of good friends	LITERACY PRACTICE: READING I'm all booked up reading OR LUNCH N'CHAT Enjoy your lunch in the company of good friends	FOOD SCIENCE: POTATO CHIPS Learn how your favourite salty snack is made! OR LUNCH N'CHAT Enjoy your lunch in the company of good friends	LIFE SKILLS: FIRE SAFETY Stop, Drop and Roll! Let's practice how to prepare in the event of an emergency. OR LUNCH N'CHAT Enjoy your lunch in the company of good friends	TRIVIA Challenge your friends in a friendly game of Trivia OR LUNCH N'CHAT Enjoy your lunch in the company of good friends
1:00-1:40 PM	ANIMALS: BROWN BEARS Let's learn about these furry animals OR EARTH SCIENCE: JUNGLES Join us for some WILD fun	TRAVEL THE WORLD: TORONTO Exploring food, culture and landmarks! OR MATH PRACTICE: MONEY SKILLS CHA-CHING! Practice counting coins and bills	LIFE SKILLS: DIRECTIONS Do you know which way to go? OR SCIENCE INVENTION: MICROWAVES Learn about how this kitchen appliance was invented	TRAVEL THE WORLD: POLAND Exploring food, culture and landmarks OR LITERACY PRACTICE: VOCABULARY How well do you know your vocab?	DRAMA CLUB: ACT IT OUT Lights, camera...Action! OR GUESSING GAME Test your wits
2:00-2:40 PM	SPELLING BEE Choose a category and spell it out! OR GEOGRAPHY: CONTINENTS Learn about the homes of all the different countries!	ONLINE GAMES: WHO WANTS TO BE A MILLIONAIRE OR SPORTS: CURLING Let's CURL our way into the world of this sport.	ANIMALS: CAPYBARA Learning about this animal will make you CAPY! OR HUMAN BODY: MUSCLES Learn about the functions of our muscles	CREATIVE STORY WRITING It's time to get creative OR PLANETS: ALL ABOUT MARS Let's learn all about the planet Mars	SPORTS: ULTIMATE FRISBEE Time to FLY into the sport of Frisbee! OR CHEF'S CORNER: CHOCOLATE COVERED PRETZELS (Ingredients: Pretzels and semi sweet chocolate chips)
3:00-3:40 PM	ONLINE GAMES: SCATTERGORIES Challenge your friends in a friendly online game OR DROP IN & HANGOUT Chat with your friends!	CROSSWORD: VEGETABLES How well do you know your veggies! OR DROP IN & HANGOUT Chat with your friends!	ONLINE GAMES: PARTICIPANT CHOICE Challenge your friends in a friendly online game OR DROP IN & HANGOUT Chat with your friends!	ONLINE GAMES: DEAL OR NO DEAL Win BIG in this game of luck! OR DROP IN & HANGOUT Chat with your friends!	ONLINE GAMES: PARTICIPANT CHOICE Challenge your friends in a friendly online game OR DROP IN & HANGOUT Chat with your friends!