

Virtual Program: March 28,2022 - April 1st 2022

Time Slots	Monday 03/28/22	Tuesday 03/29/22	Wednesday 03/30/22	Thursday 03/31 /22	Friday 04/01/22
8:30: 10:00					
10:00-10:40 AM	MINDFULNESS & STRETCHING Guided breathing and stretching	FITNESS: CARDIO Let's get our heart rates up and moving with these guided exercises	FITNESS: ARMS Strengthen your arms with simple exercises	ZUMBA Bring your best moves	FITNESS: LEGS Lets get those legs moving
11:00-11:40 AM	Spelling Bee: Spring Let's hop into spring & practice your spelling	ANIMALS: OCELOTS Let's learn about these wild cats!	Food Science: Sushi Rolls Let's roll! & learn about Sushi	SPELLING BEE Choose a category and spell it out	CHEFS CORNER:KRAFT DINNER Ingredients: Kraft dinner, Butter & Milk
1:00-1:40 PM	Food Science: Dumplings	MATH PRACTICE: WORD PROBLEMS Learn to take away numbers to solve simple math problems	Travel The world: Japan Grab your passports and we're exploring the culture, food and landmarks of Japan	CARTOON DRAWING: PORKY PIG Calling all artists! Bring your crayons, pencil crayons, markers, or paints!	KARAOKE Grab your microphones... it's time to sing!
2:00-2:40 PM	MATH PRACTICE: ADDITION & SUBTRACTION	TRAVEL THE WORLD: KENYA Grab your passports and we're exploring the culture, food and landmarks of Kenya			ONLINE GAMES: HANGMAN Join your friends in a friendly game of hangman