

April 25th- April 29th 2022

Time Slots	Monday 04/25/22	Tuesday 04/26/22	Wednesday 04/27/22	Thursday 04/28/22	Friday 04/29/22
10:00-10:40 AM	MINDFULNESS & STRETCHING Guided breathing and stretching	ZUMBA: PARTICIPANT CHOICE Bring your best moves!	FITNESS: CARDIO Let's get those arms and legs burning with these guided workouts	FITNESS: LEGS Strengthen those glutes with these guided exercises	ZUMBA: PARTICIPANT CHOICE Bring your best moves!
11:00-11:40 AM	ANIMALS: LEOPARD Let's learn about these SPOTTED animals	LITERACY PRACTICE: SENTENCES Learning how to put together a sentence	MATH PRACTICE: SKIP COUNTING 1, 2, skip a few... let's learn skip counting	SPELLING BEE Choose a category and spell it out	KARAOKE Grab your microphones... it's time to sing!
1:00-1:40 PM	TRAVEL THE WORLD: BELIZE Grab your passports and we're exploring the culture, food and landmarks in Belize	MATH PRACTICE: FRACTIONS It's Fraction Packed fun learning about it!	FOOD SCIENCE: TOFU Let's learn how they make this tofu-lish food	PLANETS: URANUS Let's learn all about the planet Uranus	CARTOON DRAWING: PARTICIPANT CHOICE Calling all artists! Bring your crayons, pencil crayons, markers, or paints!
2:00-2:40 PM	EARTH SCIENCE: TSUNAMI Let's learn how Tsunamis form	CHEF'S CORNER: MUG OREO CHEESECAKE Ingredients: cream cheese, sour cream OR yogurt, sugar, 2 egg whites, flour, Oreo cookies			ONLINE GAMES: 5 SECOND RULE Challenge your friends in a friendly game 5 second rule!
3:00-3:40 PM					